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**Bed Partner Questionnaire**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Patient Name: \_\_\_\_\_

1. How frequently do you observe this person's sleep? \_\_\_\_\_
2. Does this person snore? \_\_\_\_\_ - If "yes", please complete A, B, and C.
  - A. How many nights on average during the week does this person snore? \_\_\_\_\_
  - B. Describe this person's snoring: please check all that apply.)  
Loud \_\_\_\_\_ Moderate \_\_\_\_\_ Light \_\_\_\_\_ Periodic \_\_\_\_\_ Continuous \_\_\_\_\_
  - C. In what sleeping position does he/she seem to snore louder or more frequently?  
Back \_\_\_\_\_ Left side \_\_\_\_\_ Right side \_\_\_\_\_ Stomach \_\_\_\_\_ Does not matter \_\_\_\_\_
3. Does this person seem to stop breathing during sleep? \_\_\_\_\_
4. Does this person seem to grind their teeth during sleep? \_\_\_\_\_
5. Has this person fallen asleep when they deny or are not aware that they are sleeping? \_\_\_\_\_
6. Do you feel this person has become less alert than they were in the past? \_\_\_\_\_
7. Has this person become less patient or more irritable than they were in the past? \_\_\_\_\_
8. Does this person kick their legs or move frequently during the night? \_\_\_\_\_
9. Does this person talk in their sleep? \_\_\_\_\_ If "yes", how often? \_\_\_\_\_
10. Does this person ever sit up or get out of bed while apparently asleep? \_\_\_\_\_ If "yes", describe these episodes. \_\_\_\_\_  
\_\_\_\_\_
11. Does this person ever have body shakes or get rigid in their sleep? \_\_\_\_\_
12. Does this person use sleeping pills? \_\_\_\_\_ If "yes", what kind \_\_\_\_\_, how often? \_\_\_\_\_
13. Does this person drink alcohol? \_\_\_\_\_ If "yes", how much \_\_\_\_\_, how often? \_\_\_\_\_

Please add any additional comments that you feel are important about this person's sleep or daytime functions that may be related to sleep problems \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_